

### Patient Information

<b>Patients Last name:</b>	<b>First:</b>	<b>Middle:</b>	<b>Date of Birth</b> / /	<b>Age</b>
<b>Employer:</b> (currently working: <input type="checkbox"/> Y <input type="checkbox"/> N)		<b>Occupation:</b> (last day worked: _____)	<b>Dominant Hand</b> <input type="checkbox"/> R <input type="checkbox"/> L	<b>Gender</b> <input type="checkbox"/> M <input type="checkbox"/> F
Years at Job:		Hobbies/Activities:		

### Injury Information

<b>What body parts were <u>initially</u> injured?</b> 1.	2.
3.	4.

**Describe how the injury happened:**

**Date of injury:** \_\_\_\_\_ **Your symptoms began:**  Unknown  Immediately  Gradually

**What treatments have you already received for this condition?**

<input type="checkbox"/> Surgery: _____	<input type="checkbox"/> Physical Therapy: _____
Date: _____	<input type="checkbox"/> Chiropractic: _____
<input type="checkbox"/> Injection: _____	<input type="checkbox"/> Other: _____
Date: _____	

**What diagnostic test have you received for this condition? (Please list approximate dates)  None**

<input type="checkbox"/> X-Ray: _____	<input type="checkbox"/> MRI: _____	<input type="checkbox"/> CT Scan: _____
<input type="checkbox"/> Bone Scan: _____	<input type="checkbox"/> EMG/NCV: _____	<input type="checkbox"/> Lab Test: _____

**What body parts are currently painful?**

1.	2.
3.	4.

**Have you ever had this problem before?**  Yes  No **When** \_\_\_\_\_ **Treatment rec'd** \_\_\_\_\_

**Since the injury/condition began your symptoms are:**  Increasing  Decreasing  Not changing

**How much of the day do you feel your symptoms:**  Occasionally (10-25%)  Intermittent (26-50%)  Frequent (51-80%)  Constant (80-100%)

**Choose below what most accurately describes your symptoms:**

- Pain is annoying but able to perform all activities
- Pain is tolerant but may cause difficulty performing some activities
- Pain interferes with performance of all activities
- Pain is so severe that you are unable to perform any activities

**Sleep:**  Good  Moderate  Difficult  Only with meds **Position:**  Back  Side  Stomach

**What makes your injury/conditions feel better or worse?** Use "O" for better, "X" for worse

___ Nothing	___ Sitting	___ Standing	___ Walking	___ Running	___ Stairs
___ Movement	___ Exercise	___ Stretching	___ Medication	___ Lying Down	___ Kneeling
___ Twisting	___ Bending	___ Lifting	___ Writing	___ Keying	___ Coughing
Rest	Sneezing	Repetitive Hand Motion	Other: _____		

**Symptoms are worst:**  AM  Mid-day  PM **Symptoms are best:**  AM  Mid-day  PM

## Medical History

Please list any prescription medications you are currently taking: (including pills, injections, &/or skin patches)

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

Please list any over-the-counter medications you are currently taking:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

Do you smoke?  Yes  No

Do you have a pacemaker?  Yes  No

**FOR WOMEN:** Are you currently pregnant or think you might become pregnant?  Yes  No

Have you ever been diagnosed with having any of the following?

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Cancer                      | <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> High blood pressure  |
| <input type="checkbox"/> Circulatory problems        | <input type="checkbox"/> Asthma                     | <input type="checkbox"/> Emphysema/Bronchitis |
| <input type="checkbox"/> Thyroid problems            | <input type="checkbox"/> Heart Problems             | <input type="checkbox"/> Multiple Sclerosis   |
| <input type="checkbox"/> Rheumatoid arthritis        | <input type="checkbox"/> Other arthritic conditions | <input type="checkbox"/> Osteoporosis         |
| <input type="checkbox"/> Stroke                      | <input type="checkbox"/> Tuberculosis               | <input type="checkbox"/> Depression           |
| <input type="checkbox"/> Kidney disease              | <input type="checkbox"/> Anemia                     | <input type="checkbox"/> Hepatitis            |
| <input type="checkbox"/> Chemical dependency (drugs) | <input type="checkbox"/> Epilepsy                   | <input type="checkbox"/> Other: _____         |

Have you recently noted any of the following?

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Weight loss/gain                  | <input type="checkbox"/> Nausea/vomiting          | <input type="checkbox"/> Dizziness/lightheadedness        |
| <input type="checkbox"/> Fatigue                           | <input type="checkbox"/> Unusual weakness         | <input type="checkbox"/> Fever/chills/sweats              |
| <input type="checkbox"/> Numbness or tingling              | <input type="checkbox"/> Abdominal pain           | <input type="checkbox"/> Headaches                        |
| <input type="checkbox"/> Chest Pain                        | <input type="checkbox"/> Vision/eye problems      | <input type="checkbox"/> Hearing problems                 |
| <input type="checkbox"/> Unusual joint/muscle swelling     | <input type="checkbox"/> General arm/leg swelling | <input type="checkbox"/> Excessive bleeding/easy bruising |
| <input type="checkbox"/> Difficulty breathing              | <input type="checkbox"/> Regular/persistent cough | <input type="checkbox"/> Difficulty swallowing            |
| <input type="checkbox"/> Problems sleeping                 | <input type="checkbox"/> Sexual difficulties      | <input type="checkbox"/> Night sweats                     |
| <input type="checkbox"/> Heart racing in your chest        | <input type="checkbox"/> Heartburn/indigestion    | <input type="checkbox"/> Post menopause                   |
| <input type="checkbox"/> Constipation/diarrhea             | <input type="checkbox"/> Blood in stool           | <input type="checkbox"/> Blood in the urine               |
| <input type="checkbox"/> Problems urination (difficulty)   | <input type="checkbox"/> Urinary incontinence     | <input type="checkbox"/> Pregnant (or think you might be) |
| <input type="checkbox"/> Stress at home or work            | <input type="checkbox"/> Tremors                  | <input type="checkbox"/> Seizures                         |
| <input type="checkbox"/> Skin problems (ex: rash, redness) | <input type="checkbox"/> Neck/back pain           | <input type="checkbox"/> Wheezing                         |
| <input type="checkbox"/> Pain with sweats                  | <input type="checkbox"/> Shortness of breath      | <input type="checkbox"/> Other: _____                     |

Please list any allergies we should know about:

Please list any surgeries or other conditions for which you have been hospitalized: (include approx. dates)

Please list any significant injuries for which you have been treated in the past: (include approx. dates)

During the past month have you been feeling down, depressed or hopeless?  Yes  No

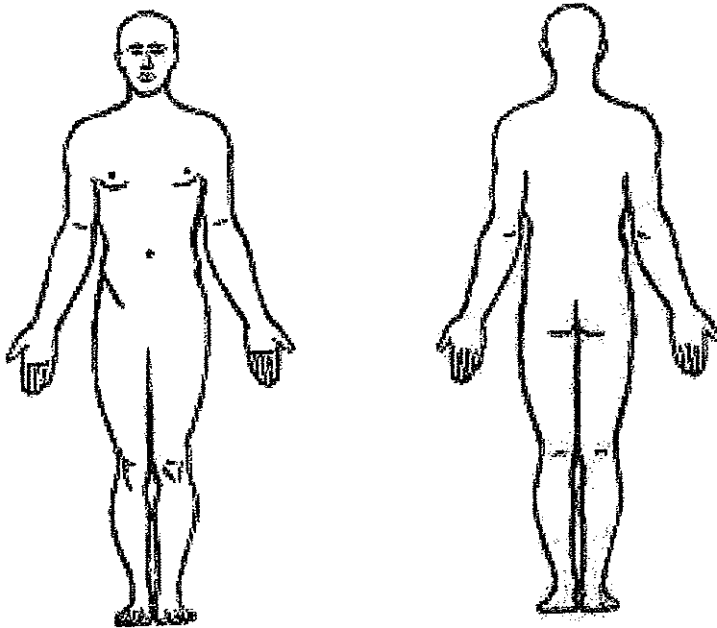
During the past month have you been often been bothered by little interest or pleasure in doing things that you enjoy?  Yes  No

Is this something with which you would like help?  Yes  Yes, but not today  No

### Body Chart:

Please mark the areas where you  
Feel symptoms on the chart to the right  
With the following symbols to describe  
Your symptoms:

- ↓ Shooting/sharp pain
- Dull/aching pain
- + Numbness
- = Tingling



I would rate my pain **CURRENTLY** as:

0 1 2 3 4 5 6 7 8 9 10  
(none) (annoying) (uncomfortable) (horrible) (excruciating)

The **LEAST** pain I have had **IN THE LAST WEEK** is:

0 1 2 3 4 5 6 7 8 9 10  
(none) (annoying) (uncomfortable) (horrible) (excruciating)

The **WORST** pain I have had **IN THE LAST WEEK** is:

0 1 2 3 4 5 6 7 8 9 10  
(none) (annoying) (uncomfortable) (horrible) (excruciating)